Get Help

**Emergency**
- If a person under the influence is in distress or does not respond, call 911 or seek immediate medical attention.
- Never let them sleep it off. It could result in death.

**Substance Abuse/Mental Health Crisis**
- Manatee Glens: 941-782-4617
- First Step: 941-366-5333
- Rehab after School/Rehab after Work
- Coastal Behavioral Healthcare: 941-364-9355

**Additional Help**
- National Suicide Prevention Lifeline: 800-273-TALK (8255), 24 Hr
- Child Abuse Hotline 1-800-96-ABUSE (1-800-962-2873)
- Residential Shelter (Safe Place 2B): 941-708-5850. For 10-17 year olds who have runaway or at risk of being ejected from their home.
- Girls and Boys Town 24 Hr National Hotline: 800-448-3000. Highly-trained counselors can answer questions about family and school problems, pregnancy, suicide, chemical dependency, sexual and physical abuse.
- National Runaway: 800-786-2929

Concerned about your substance use? Test Your Use of Drugs and Alcohol

More Than 1 in 10 Children Live with a Substance Abusing Parent *(SAMHSA)*

For children and teens coping with a difficult home life:
- It’s Just Not Fair
- When your parents use drugs
- It’s Not Your Fault!
- Alateen
- National Association for Children of Alcoholics