Women’s Resource Center
Announces An Addiction Support Group
for Family Members & Friends

Do you have a loved one addicted to Alcohol and/or Drugs?
Join our support group. **We meet Thursdays from 6-8pm at WRC.**
*Facilitated by Phyllis Tropp, MA, MSW, LCSW, CASAC*

Some of our topics will include:
1. Learning about the disease of addiction.
2. Learning about treatment – what it is and what are the options.
3. Differences between Enabling and Support.
4. Addiction as a Family Disease.
5. Caring for yourself – How to Heal.
6. Paths To Recovery – For you and for the Addict.

The group will read and discuss books such as “No More Letting Go” and “Addiction in the Family”

We will watch portions of an HBO Series on Addiction.
Resource materials will be constantly introduced.

**AND ABOVE ALL – WE HOPE TO OFFER YOU SUPPORT.**
GIVE IT A TRY and join us Thursday evenings promptly at 6pm.

For more information call WRC: 747-6797.