Get Help

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| - If a person under the influence is in distress or does not respond, **call 911** or seek immediate medical attention.  
  - *Never let them sleep it off.* It could result in death. | - **Manatee Glens:** 941-782-4617  
  - **First Step:** 941-366-5333  
  - **Coastal Behavioral Healthcare:** 941-364-9355 |

**Having trouble coping and want to talk to someone right now?**

- **National Suicide Prevention Lifeline:** 800-273-TALK (8255), 24 Hr  
- **Child Abuse Hotline** 1-800-96-ABUSE (1-800-962-2873)  
- **Girls and Boys Town** 24 Hr National Hotline: 800-448-3000. Highly-trained counselors can answer questions about family and school problems, pregnancy, suicide, chemical dependency, sexual and physical abuse.  
- **Covenant House** 24 Hr Hotline for Teens: 800-999-9999. Experts in homeless and runaway youth; also substance abuse, family, school, and relationships problems.

*Concerned about your substance use? Test Your Use of Drugs and Alcohol*

**More Than 1 in 10 Children Live with a Substance Abusing Parent (SAMSHA)**

For children and teens coping with a difficult home life:

- It’s Just Not Fair  
- When your parents use drugs  
- It’s Not Your Fault!  
- Alateen  
- National Association for Children of Alcoholics