Risk Factors

The strongest predictors of marijuana use were (other) substance use by adolescents themselves and their peers; delinquency; and school-related problems.

Other risk factors:
- **Daily activities**: Low levels of engagement in prosocial activities (e.g., physical activity, sports, volunteer and religious activities)
- **Psychological health**: Intrapersonal difficulty (e.g., conflict and misunderstood relationships), poor control of emotions, depression and anxiety
- **Personality**: Limited inner resources to cope with stress; poor self-concept; deviance, rebelliousness, being unempathetic, and unconventionality
- **School situation**: Poor academic performance, low connectedness to school, truancy, and school dropout
- **Family functioning**: Poor, inconsistent family management practices; family conflict; low bonding; poor parental monitoring; and lack of structure and rules
- **Rough living**: Greater use of other substances and substance-using friends

*(Risk Factors Predicting Changes in Marijuana Involvement in Teenagers)*